

ACTIVITATS

DIMARTS	DIMECRES	DIJOUS
	MOVIMENT CORPORAL 9:30 a 10:45h	IOGA 9:30 a 10:45h
IOGA 15h a 16h		IOGA 15h a 16h
TAI-CHI 19h a 20:15h		TAI-CHI 19h a 20:15h
TAI-CHI 20:30h a 21:45h	MOVIMENT CORPORAL 20h a 21:15h	TAI-CHI 20:30h a 21:45h

1^a CLASSE GRATUÏTA

